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HAVE YOU EVER MET A WILD RICE FARMER? Website Features the Farmers Who Bring Wild Rice to Your Table

ST. PAUL, MN – America's farm families touch all of us - how they grow our food, grow our economy, and care for our environment. The Minnesota Cultivated Wild Rice Council is proud to introduce a new feature to its website which gives you the opportunity to meet leading cultivated wild rice farmers. They've even provided one of their family's favorite wild rice recipes. Different farm families will be featured throughout the year.

Cultivated wild rice has a long, rich history. Individual farmers and entrepreneurs saw the possibility of growing wild rice in northern Minnesota's low-lying lands and began cultivating wild rice in the early 1950s. Combining the technology and agronomic information available at the time with a strong determination and a knack for modifying equipment to meet unique needs, farmers sought to develop a crop for hard-to-cultivate areas. Their efforts resulted in the domestication of wild rice making this nutritious grain more widely available.

Minnesota's cultivated wild rice farmers are proud to bring you this healthy grain and hope you enjoy learning more about those responsible for bringing it to your table. Take a moment to visit the website (www.mnwildrice.org) and meet some wild rice farmers today!